

Inside Story Lesson Plan

Target Audience: Youth (Ages 13-25)

Characters:

Kalu – Star footballer and main character who contracts and unknowingly spreads HIV

Mumbi - Kenyan girlfriend with HIV who unknowingly infects Kalu

Goodwill – Owner of black stars. Corrupt man

Spikiri – Enemy and then friend of Kalu. Becomes sick with TB/HIV

Ify – Kalu’s girlfriend and the coach’s daughter. Kalu spreads HIV unknowingly to her

“Knowledge Is Power”

- The more you know, the more free you are.

First Pause – 0:11:00

- Introduction to Kalu: Talented soccer player from Malindi, Kenya. He lives with his Father, Mother, and Sister.
- His father is a mechanic.
- His girlfriend, Mumbi, has HIV and doesn’t know.
 - o He says they use condoms, but not always. Kalu contracts the virus through a cut in his uncircumcised foreskin.

1st animation at 10:54 – contracting the virus

2nd animation at 15:44 – T-cells being attacked by the virus

Discussion: What could have Kalu done different when seeing Mumbi? Is using condoms only sometimes safe and responsible? What is a T-cell (helper cell)?

Second Pause – 0:34:00

- Kalu’s father has died in an accident. He struggles to make a choice to follow his dream. He moves to Johannesburg to play for the Black Stars.
- Animated scene shows his T-cells being attacked by the HIV. “My body hadn’t figured out that there was a problem”.
- 5 weeks since infection - next animated scene shows the virus spreading through the body. Kalu can now transmit the virus to others through unprotected sex.
- Ify – Coach’s daughter and girlfriend. Goodwill – Corrupt owner who is interested in Ify.

3rd animation at 32:16 – Virus multiplying and spreading throughout body.

Life Skill discussion: How is the owner (Goodwill) taking advantage of his position. Why is Ify sad? Highlight how Goodwill is corrupting his power over this woman.

Third Pause – 0:42:15

- Sex scene with Kalu and Ify. Discuss the difference between kissing and intercourse in relation to transmission of the virus.

- Highlight how Kalu and Ify used a condom the first time they had sex. The 2nd time they didn't. She says "I trust you" & "He's a good guy"
- Highlight how she was drunk (lowered inhibitions). "She wouldn't have done it if she was sober"

4th animation at 41:50 – Unprotected Sex, transmission of the virus

Discussion: What mistakes did Kalu and Ify make when having sex? Can being drunk cloud judgment? Does HIV know if a person is good or bad?

Fourth Pause – 1:07:15

- Kaizer Chiefs want to buy Kalu. Goodwill says no because he is mad about Kalu dating Ify.
- Goodwill hires thugs to break Kalu's leg
- Kalu's HIV is spreading because it is untreated. His T-Cells are being overtaken by the virus.

Discussion: Why is the virus spreading so fast?

Fifth Pause – 1:16:50

- Kalu is back on the team because Spikiri is sick with TB/HIV
- Kalu gets tested and is positive

5th animation at 1:13:25 – Shows how virus test works

6th animation at 1:16:26 – Virus is being controlled with ARVs, boosting T-cells

Discussion: Why did they show Kalu sleeping in bed with so many people?

Conclusion

- Kalu is getting treatment. ARVs are stopping the virus from spreading in his body. T-cell count went back to normal.
- Spikiri is using traditional medicine which is not effective.

Discussion: ARVs are the most effective treatment, why? What should Spikiri do to become healthy again? What does "Knowledge is Power" mean?